



K. C. PUBLIC SCHOOL, JAMMU

HOLIDAYS HOME WORK

CLASS-UKG

Dear Parents,

Holidays are great fun for kids. Here are a few activities that you can do at home to help your kid become more confident and independent.

- ❖ Ask your child to help you in kitchen.
- ❖ Cook dinner together. Show your child how to measure 1 cup, 1/2 cup and 1/4 cup.
- ❖ Help your child
 - Setting the table
 - Putting away the toys.
 - Feeding the pets.
- ❖ If any food is left, tell your child to put it in a small bin specially meant for birds.
- ❖ Help your child in placing water pot for the birds in the garden and changing the water everyday. So that the water doesn't get stagnate which will invite mosquitoes.
- ❖ Plant a flower together. Talk about what plants need to grow. (Sun, water etc.)
- ❖ **Grocery Day**
Take a list and let your child help read the list and locate items.
- ❖ **House Cleaning Day**
- ❖ let your child help. She /He can dust, clean windows and more. Start a chore chart.
- ❖ Go for a walk or picnic and take pictures and make a book at home.
- ❖ Discuss good nutrition habits with a food pyramid. Start naming the food groups when you serve them. Soon your child will learn them.
- ❖ **Read together Everyday**
- ❖ Read to your child everyday. Make this a warm and loving time when the two of you can cuddle close together. Bedtime is an especially great time for reading together.
- ❖ Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about 'Story time' as the best time of the day.
- ❖ Draw , colour and name the summer fruits & vegetables which you will eat during your holidays and paste them on a chart paper size 35cm X 25cm and laminate it to make a tablemat.

